



## Suggested Itinerary: Boston & New England

A lively, contemporary city that embraces its history, Boston, Massachusetts, is also the gateway to all that New England offers, including charming villages, a rugged coastline, verdant mountains and a thriving culinary scene.

### Boston, Massachusetts

*Suggested: 3-5 days*

Although many visitors know about Boston's rich history and its role in the Revolutionary War, they may not be aware of the city's world-class museums, numerous universities and abundant shopping opportunities. Begin your exploration of the city on The Freedom Trail with its 16 historic stops, including the famous Old North Church and the Paul Revere House. Spend an afternoon (or a day) enjoying some of the Museum of Fine Arts' 450,000-plus works of art or the Museum of Science's eye-opening exhibits. For a more intimate experience, visit the Isabella Stewart Gardner Museum or the Nichols House Museum. Walk across the Charles River on the Longfellow Bridge or take the "T" (subway) to Cambridge to explore the ivy-trimmed campus of Harvard University and nearby cafés and bookstores. Shoppers will enjoy areas such as Newbury Street in the Back Bay (high-end boutiques in restored brownstone houses), Copley Place (a two-level mall with top brand-name stores) and the famous Faneuil Hall Marketplace (100-plus shops and pushcarts as well as 50 restaurants, pubs and food vendors). Sports fans should plan to watch a Boston Red Sox baseball game (April through October) and take a tour of Fenway Park, the oldest Major League Baseball park in the country. If the weather is nice, stroll through the Boston Common and take a ride on one of the famous Swan Boats in the Public Garden.

## Massachusetts' North Shore

*Suggested: 2 days*

Take a break from the city and head north to Cape Ann's rustic maritime towns, artist colonies and scenic beaches. In Gloucester, centre of the local fishing industry, dine on fresh seafood with scenic harbor views. Pose for a photo at the famous Fisherman's Memorial, which commemorates the town's connection to the sea. In the picturesque town of Rockport, stroll to explore small art galleries, gift shops and informal seafood restaurants. Stay in a historic inn and explore quiet beaches and lighthouses.

## Maine

*Suggested: 3 days*

Just a couple of hours north of Boston, Maine makes for a wonderful multi-day excursion. In Portland, Maine's largest city, head out on a whale-watching tour, enjoy a harbour cruise, eat at a rustic seafood 'shack' or take part in a lobstering trip. Explore the cobblestone streets of the Old Port Historic District, which overflow with nightlife on weekend evenings. The West End neighbourhood is known for its charming Victorian architecture. Farther north along Maine's rugged coast, quaint Bar Harbor is an excellent jumping-off point to stunning Acadia National Park (where it's possible visitors might see moose, bears and whales). Later, head into the town of Bal Harbor to explore small museums, shops, art galleries and music festivals.

## White Mountains, New Hampshire

*Suggested: 2 - 3 days*

Drive up, up, up (or take the cog railway) for breath-taking views at the top of towering Mount Washington, the highest peak in the east. Hike through the Flume Gorge, a spectacular natural chasm with waterfalls and covered bridges. In autumn, enjoy harvest farm festivals and mountainsides covered with brilliantly coloured leaves. In winter, skiing and other snow sports are popular.

## Vermont

*Suggested: 2 days*

Just to the west of New Hampshire lies pastoral Vermont, with rolling mountains, scenic valleys with white church steeples, picturesque bike trails and popular ski resorts. Taste the state's abundant harvest at farm-to-table dinners and shop for maple syrup, artisanal cheeses and locally produced wines.

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